

April 18, 2020

I guess I'll go ahead and start a journal.

This will be the first entry. I tried this a couple of months ago, but it fizzled out. That, and I forgot the name I used.

So, here we go. Day 1 of journaling. It's been a long time since I've written journal style stuff - just everyday things and random thoughts. I probably won't write every day, or even every week. I just don't know yet.

I need to start fresh, and do something new.

Tonight I walked in the yard in the moonlight, just paced, back and forth, exercising my legs and feet. I've been up and walking now for 3 or 4 months? ...and just discovered I can actually walk barefoot again. But, I'm still going to take care of my feet, and wear shoes (squishy crocs) as much as possible.

I've been married now for over ten years, and we're still chugging along, now in our 50's. Senior Citizen marriage isn't all that bad after all. When I was younger I thought middle age was an awful state of wretched despair and disrepair, but come to find out, it's very nice and relaxing. I'm comfortable being 50. I spent my 40's broken down and physically confounded, and now that I'm 50, I'm improving and getting stronger. So I will probably forever associate getting older with getting better. That's the way I've decided it's going to be.

I don't plan on talking about the people in my life in this journal - I will keep them private. So, this

will be a container for my random thoughts and observations, stuff and little things about me personally, and probably lots of thoughts about God. It might be boring and complex, all at once.

Also, being a journal, I'll make little to no effort to be organized in my thoughts, it's a journal, who cares?

Currently it's 4:34 am, my husband is playing a game (xbox stuff) on mute because the shots and bangs and explosion sounds rattle my nerves, I'm drinking hot tea, and I'm wondering how people are coping with this virus ordeal all over the world, in homes and places that aren't so comfortable and friendly. Or safe. May God help and bless us all, according to His will.

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